

# MARITAL ONENESS

**Principle** – When we want what our spouse needs spiritually, emotionally, and physically, we will experience the marital oneness God intended.

## ✓ SPIRITUAL ONENESS

Spiritual intimacy is centered in a devotion to God and love for the other person.

## ✓ EMOTIONAL ONENESS

Emotional intimacy requires shared understanding.

## ✓ PHYSICAL ONENESS

The physically intimate couple experiences satisfaction.

Hindrances to physical intimacy

Physical intimacy coaching tips...

- ✓ Understand what your spouse wants sexually.
- ✓ Loving your spouse with your physical appearance.
- ✓ Loving your spouse with your words.
- ✓ Loving your spouse with your attitude.
- ✓ Value your spouse.